

## ***Advanced Motivational Interviewing Online Training Series***

*In these four 1.5-hrs. live online trainings, we'll examine and practice some of the most relevant skills & strategies of Motivational Interviewing. Bring your curiosity, thoughts, and funny bone!*

### ***Thursday 1:00 p.m.-2:30 p.m., April 23 - Part 1: The Art & Practice of MI Spirit***

In this session, we'll discuss the importance of Spirit in Motivational Interviewing (MI); what we mean by Spirit; and what it has to do with our clinical work (here's a hint: it's the most important part of the work!). We'll also discuss the implication of learning MI and using our concept of Spirit with clients in this time of COVID19.

### ***Thursday 1:00 p.m. to 2:30 p.m., April 30 – Part 2: The Language of Change: Change Talk, Sustain Talk, and Commitment Language***

In this session we'll discuss how to “tune our ears” to what a client is saying “between the lines”; what to do when we hear these different parts of client language; and how to help clients talk about change.

### ***Thursday, 1:00 p.m. to 2:30 p.m., May 7th -Part 3: Reframing Resistance: Rolling with Resistance and The Righting Reflex***

In this session, we'll discuss the “inner social worker” that lives in each of us; how that can help our clients; and how it can cause problems for both the client and ourselves. Finally, we'll discuss ways to avoid & defuse both of these normal reactions and learn better ways to respond in order to assist clients and reduce burnout for us.

### ***Thursday, 1:00 p.m. to 2:30 p.m. May 14th- Part 4: Case Conference: Cases & Questions***

In this session, we'll discuss your cases and your questions about MI: when to use it, when not to, what skills or strategies might be best suited to certain topics or client challenges and more.

***Online Trainings happening on Zoom meeting platform. Register separately for each training.***

***It is important to register for each training for that is how one will receive relevant information. To register please go to: <https://www.eventbrite.com/o/mcyp-17820922301>***



Author, ***Coming to Harm Reduction Kicking & Screaming***

Dee-Dee Stout, MA  
Member of MINT  
Level 1 Trainer

[www.deedeestoutconsulting.com](http://www.deedeestoutconsulting.com)

*Treat people as  
if they are who  
they can be &  
you help them  
become who  
they're capable  
of being-Goethe*

## Helpful tips for Zoom webinars:

### Before the Session:

- Zoom can be downloaded onto smart phones, but typically better on laptops
- Give yourself time to download Zoom prior to start time
- Check your connection (Ethernet is strongest if possible) before we begin (typically mobile hotspots and public access Wi-Fi don't have enough bandwidth for Zoom sessions)
- Make sure your video camera is operational
- Have phone number to call in as back up if you are having a hard time logging in
- Zoom login information and MI PowerPoint will be sent to all registered participants in an email a few days before webinar

### During the Session:

- Use your mic mute button when you are not speaking during the session
- There is a chat box feature and a place to raise your hand

**For questions** contact Aurelie Clivaz [aclivaz@mcyp.org](mailto:aclivaz@mcyp.org) (707)489-1258

A friendly reminder that the Mendocino County Youth Project is able to provide evidence-based trainings through partnership with Mendocino County Health and Human Services/ Family and Children's Services, Title IV-E funding. This workshop is FREE only for Mendocino County for foster parents and helping professionals that work with youth in or at high risk of entering the foster system.

